

CORONAVIRUS COVID-19

FACTS, SYMPTOMS & PREVENTION



COVID-19 is a new virus that spreads from person to person.

- ☼ It can cause mild illness, like the common cold.
- ☼ It can cause severe illness like SARS.
- ☼ Currently, no treatment or vaccine is available.

SYMPTOMS



FEVER



SHORTNESS
OF BREATH



COUGH

DO I NEED TO BE CONCERNED?

Only if you:

- ☼ Have these symptoms.
- ☼ Visited an affected area in the last 14 days.

HOW IS IT SPREAD?

- ☼ Coughing or sneezing.
- ☼ From a sick person within 6 feet.
- ☼ Touching a surface or object with the virus on it.



PLAN AHEAD

- ☼ Have an emergency plan in case children can't go to school or you can't go to work.
- ☼ Talk to your employer about alternative work arrangements.

STAY UP-TO-DATE WITH THESE TRUSTED SOURCES:

www.cdc.gov

www.co.somerset.nj.us/health

www.nj.gov/health

www.who.int

PREVENTION STAY HEALTHY



WASH HANDS OFTEN
WITH SOAP & WATER,
AT LEAST 20 SECONDS



COVER YOUR COUGHS AND
SNEEZES WITH A TISSUE OR
THE INSIDE OF YOUR ELBOW



CLEAN & DISINFECT
SURFACES FREQUENTLY



STAY HOME IF YOU ARE SICK